



Sample Listing of Acceptable Trainings/Classes/Courses To Fulfill the Professional Prevention Education Prerequisites As of 10-10-2008

This sample list of trainings/classes/courses is intended to guide applicants in their application process, and to provide them with information about previously approved trainings/classes/courses to fulfill the professional prevention education prerequisites. It is not an exhaustive list.

Furthermore, since this is a changing field, other trainings/classes/courses are being added to the list on a regular basis. Please contact the PSCBW for further information. The following are examples of approved trainings/classes, courses or conferences.

1. Alcohol, Tobacco and Other Drug (ATOD) Education

- Pharmacology
- ADIS (Alcohol/Drug Information School)
- Addiction Training Institute
- The Addicted Brain
- North West Conference on Behavioral Health and Addictive Disorders

2. ATOD Prevention Education

- Substance Abuse Prevention Specialist Training ⁱ
- Washington State Prevention Summit ⁱⁱ
- National Prevention Network Prevention Research Conference
- New Mexico Media Literacy Project Training
- Media Literacy Conference, NW Center for Excellence in Media Literacy, University of WA
- The Science of the Positive: Applying a Social Norms Model
- Tobacco Prevention Resource Center: Moving Beyond Widgets
- Conference: Protecting Our Communities from Tobacco
- TATU (Teens Against Tobacco Use)
- Tobacco Prevention Conference
- Meth Watch Washington Conference
- Life Skills Training
- The Nurturing Program
- Project Alert
- Strengthening Families
- The Art and Science of Community Organizing
- Student Assistance Program
- Project Success

3. Risk and Protective Factors

- Substance Abuse Prevention Specialist Training
- The Art and Science of Community Organizing

4. Prevention Ethics

- Substance Abuse Prevention Specialist Training
- The Art and Science of Community Organizing
- Western Center for the Application of Prevention Technologies (WestCapt) – online class on Prevention Ethics

5. General Prevention Education

- Substance Abuse Prevention Specialist Training
- Washington State Prevention Summit
- Community Anti-Drug Coalitions of America (CADCA) Training Institute
- Tribal Gathering
- Warm Beach Retreat
- Wellbriety Program (Sons, Daughters, Families of Tradition)
- Second Step (violence prevention)
- ASIST – Suicide Prevention Training
- The Art and Science of Community Organizing
- HIV/AIDS Prevention Training/Classes
- Domestic Violence Training/Classes
- Still More Activities that Teach
- Events related to Indicated Populations/Indicated Prevention Strategiesⁱⁱⁱ such as Global Appraisal of Individual Needs (GAIN), Dialectic Behavioral Therapy (DBT), Motivational Interviewing.

Cross Domains (with Estimated Hours per Domain)^{iv}

- The Art and Science of Community Organizing = 3 hours ATOD Prevention + 2 hours Risk and Protective Factors + 4 hours Prevention Ethics + 16.5 hours General Prevention
- Substance Abuse Prevention Specialist Training = 4 hours Risk and Protective Factors; 3 hours Prevention Ethics; the Balance of Hours may be divided between ATOD Prevention Education and General Prevention Education

ⁱ The *Substance Abuse Prevention Specialist Training* can be used in different categories. The total hours may vary but is generally up to 32 hours.

ⁱⁱ *Washington State Prevention Summit*: These hours may also fall within ATOD Prevention Education, General Prevention or divided into different domains, depending upon the workshop attended. An applicant should clearly document which workshops he/she attended.

ⁱⁱⁱ The Institute of Medicine defines indicated prevention strategies as strategies designed to prevent the onset of substance abuse in individuals who do not meet DSM-IV criteria for addiction, but who are showing early danger signs, such as failing grades, and experimentation with alcohol/tobacco and other gateway drugs. Indicated prevention programs address risk factors associated with individuals, who have a condition that puts them at very high risk.

^{iv} Since hours for trainings, conferences and classes may vary, these guidelines do not specify the exact number of hours for each respective event.